

**Montag , 23.01**

<b>09:00 - 09:55</b> Yoga Elissa	<b>10:10 - 11:05</b> Pump Graziella	<b>18:00 - 18:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane
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**Dienstag , 24.01**

<b>09:00 - 09:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>10:10 - 11:05</b> Rückenfit Isabel	<b>18:00 - 18:55</b> TRX Graziella	<b>19:00 - 19:55</b> Step'n Tone Graziella
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**Mittwoch , 25.01**

<b>09:00 - 09:55</b> Zumba Deniz	<b>10:10 - 11:05</b> Cycling Carlo	<b>18:00 - 18:55</b> Pump Cristian
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**Donnerstag , 26.01**

<b>09:00 - 09:55</b> BBP (Bauch, Beine, Po) / Bodytone Ariane	<b>10:10 - 11:05</b> Yoga Isabel	<b>18:30 - 19:25</b> Power Yoga Elissa
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**Freitag , 27.01**

<b>08:55 - 09:25</b> P.I.I.T Melanie	<b>09:30 - 10:00</b> Simply Core Melanie	<b>10:10 - 11:05</b> Rückenfit Isabel
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**Samstag , 28.01**

<b>10:00 - 10:55</b> Zumba Silvio	<b>11:10 - 12:05</b> BBP (Bauch, Beine, Po) / Bodytone Ariane
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**Sonntag , 29.01**

<b>10:00 - 10:55</b> Cycling Manuel
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