

Montag , 26.12

Dienstag , 27.12

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

18:00 - 18:55

TRX
Graziella

Mittwoch , 28.12

09:00 - 09:55

Zumba
Lise

10:10 - 11:05

Cycling
Carlo

18:00 - 18:55

Pump
Cristian

Donnerstag , 29.12

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

18:00 - 18:55

Power Yoga
Isabelle

Freitag , 30.12

Samstag , 31.12

10:00 - 10:55

Zumba
Lise

11:10 - 12:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Ariane

Sonntag , 01.01