

Montag , 21.11

09:00 - 09:55 Yoga Elissa	10:10 - 11:05 Pump Graziella	18:00 - 18:55 BBP (Bauch, Beine, Po) / Bodytone Ariane
--	---	--

Dienstag , 22.11

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Rückenfit Isabel	18:00 - 18:55 TRX Graziella	19:00 - 19:30 P.I.I.T Graziella
--	---	--	--

Mittwoch , 23.11

09:00 - 09:55 Zumba Sibylle	10:10 - 11:05 Cycling Carlo	18:00 - 18:55 Pump Cristian
--	--	--

Donnerstag , 24.11

09:00 - 09:55 BBP (Bauch, Beine, Po) / Bodytone Ariane	10:10 - 11:05 Yoga Isabel	18:30 - 19:25 Power Yoga Elissa
--	--	--

Freitag , 25.11

10:10 - 11:05 Rückenfit Isabel

Samstag , 26.11

10:00 - 10:55 Zumba Silvio	11:10 - 12:05 BBP (Bauch, Beine, Po) / Bodytone Ariane
---	--

Sonntag , 27.11

10:00 - 10:55 Cycling Barbara
--