

Montag , 14.11

09:00 - 09:55 <i>Yoga</i> Elissa	10:10 - 11:05 <i>Pump</i> Graziella	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane
---	--	--

Dienstag , 15.11

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane	10:10 - 11:05 <i>Rückenfit</i> Isabel	18:00 - 18:55 <i>TRX</i> Jady	19:00 - 19:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Jady
--	--	--	--

Mittwoch , 16.11

09:00 - 09:55 <i>Zumba</i> Sibylle	18:00 - 18:55 <i>Pump</i> Cristian
---	---

Donnerstag , 17.11

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane	10:10 - 11:05 <i>Yoga</i> Isabel	18:30 - 19:25 <i>Power Yoga</i> Elissa
--	---	---

Freitag , 18.11

09:00 - 09:55 <i>TRX</i> Graziella	10:10 - 11:05 <i>Rückenfit</i> Isabel
---	--

Samstag , 19.11

10:00 - 10:55 <i>Zumba</i> Silvio	11:10 - 12:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Ariane
--	--

Sonntag , 20.11

10:00 - 10:55 <i>Cycling</i> Barbara
