

Montag , 25.07

09:00 - 09:55 <i>Yoga</i> Elissa	10:10 - 11:05 <i>Pump</i> Isabel
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Dienstag , 26.07

10:10 - 11:05 <i>Rückenfit</i> Isabel	18:00 - 18:55 <i>TRX</i> Anita	19:10 - 20:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Tea
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Mittwoch , 27.07

09:00 - 09:55 <i>Zumba</i> Lise	18:00 - 18:55 <i>Pump</i> Franziska
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Donnerstag , 28.07

10:10 - 11:05 <i>Yoga</i> Isabel	18:00 - 18:55 <i>TRX</i> Anita	19:10 - 20:05 <i>Power Yoga</i> Elissa
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Freitag , 29.07

10:10 - 11:05 <i>Rückenfit</i> Isabel
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Samstag , 30.07

10:00 - 10:55 <i>Zumba</i> Lise	11:10 - 12:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Tea
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Sonntag , 31.07

10:00 - 10:55 <i>Cycling</i> Barbara
