

### Montag , 28.10

#### 09:15 - 10:10

*BBP (Bauch, Beine, Po) / Bodytone*  
Andrea

#### 18:05 - 19:00

*Pilates*  
Astrid

#### 19:15 - 20:10

*Zumba*  
Petra

#### 20:25 - 21:20

*Pump*  
Ursi

### Dienstag , 29.10

#### 09:10 - 10:05

*Pump*  
Ursi

#### 10:15 - 11:10

*Cycling*  
Tanya

#### 12:10 - 13:05

*Cycling*  
Walter

#### 18:00 - 18:30

*P.I.I.T*  
Claude

#### 19:00 - 19:55

*Powerstep*  
Petra

#### 20:05 - 21:00

*Fitboxe*  
Melanie

### Mittwoch , 30.10

#### 08:30 - 09:25

*Cycling*  
Brigitta

#### 09:35 - 10:30

*Rückenfit*  
Olivia

#### 19:00 - 19:55

*Pump*  
Kurt

#### 20:10 - 21:05

*Yoga*  
Nevin

### Donnerstag , 31.10

#### 09:30 - 10:25

*Zumba*  
Marion

#### 18:00 - 18:55

*BBP (Bauch, Beine, Po) / Bodytone*  
Andrea

#### 19:00 - 19:55

*Fitboxe*  
Karin

#### 20:15 - 21:10

*Cycling*  
Antonietta

### Freitag , 01.11

#### 12:15 - 12:45

*P.I.I.T*  
Claude

#### 17:50 - 18:45

*Zumba*  
Petra

### Samstag , 02.11

#### 09:30 - 10:25

*Yoga*  
Nevin

### Sonntag , 03.11

#### 09:00 - 09:55

*Cycling*  
Antonietta

#### 10:30 - 11:25

*Pump*  
Kurt