

Montag , 15.07

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Melanie

18:05 - 19:00

Pilates
Astrid

19:15 - 20:10

Zumba
Uriel

20:25 - 21:20

Pump
Ursi

Dienstag , 16.07

09:10 - 10:05

Pump
Ursi

19:00 - 19:55

Powerstep
Christina

20:05 - 21:00

Fitboxe
Melanie

Mittwoch , 17.07

19:00 - 19:55

Pump
Kurt

20:10 - 21:05

Yoga
Corinne

Donnerstag , 18.07

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Andrea

Freitag , 19.07

08:30 - 09:25

Over 50
Monika

09:35 - 10:30

Pilates
Monika

17:50 - 18:45

Zumba
Marion

Samstag , 20.07

09:30 - 10:25

Yoga
Nadine

Sonntag , 21.07

10:30 - 11:25

Pump
Kurt