

Montag , 08.07

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Andrea

18:05 - 19:00

Pilates
Astrid

19:15 - 20:10

Zumba
Petra

20:25 - 21:20

Pump
Ursi

Dienstag , 09.07

09:10 - 10:05

Pump
Ursi

19:00 - 19:55

Powerstep
Petra

20:05 - 21:00

Fitboxe
Marina

Mittwoch , 10.07

09:35 - 10:30

Rückenfit
Claudia

19:00 - 19:55

Pump
Kurt

20:10 - 21:05

Yoga
Nevin

Donnerstag , 11.07

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Andrea

Freitag , 12.07

08:30 - 09:25

Over 50
Monika

09:35 - 10:30

Pilates
Monika

12:15 - 12:45

P.I.I.T
Sara

17:50 - 18:45

Zumba
Petra

Samstag , 13.07

09:30 - 10:25

Yoga
Corinne

Sonntag , 14.07

10:30 - 11:25

Pump
Kurt