

**Montag , 26.12**

**10:00 - 11:30**

*Zumba Special*  
Petra

**Dienstag , 27.12**

**09:10 - 10:05**

*Pump*  
Ursi

**10:15 - 11:10**

*Cycling*  
Ivo

**18:00 - 18:30**

*P.I.I.T*  
Claude

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Angelika

**20:05 - 21:00**

*Fitboxe*  
Angelika

**Mittwoch , 28.12**

**08:30 - 09:25**

*Cycling*  
Antonietta

**09:35 - 10:30**

*Rückenfit*  
Claudia

**17:50 - 18:45**

*Powerstep*  
Susanne

**19:00 - 19:55**

*Pump*  
Angelika

**20:15 - 21:10**

*Yoga*  
Nevin

**Donnerstag , 29.12**

**09:30 - 10:25**

*Zumba*  
Marion

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Andrea

**19:10 - 20:05**

*Fighttime 55'*  
Karin

**Freitag , 30.12**

**08:30 - 09:25**

*Over 50*  
Monika

**09:35 - 10:30**

*Pilates*  
Monika

**12:15 - 12:45**

*P.I.I.T*  
Claude

**17:50 - 18:45**

*Zumba*  
Andrea

**Samstag , 31.12**

**09:30 - 10:25**

*Yoga*  
Nevin

**Sonntag , 01.01**

**10:30 - 11:25**

*Pump*  
Ursi