

Montag , 01.08

Dienstag , 02.08

09:10 - 10:05

Pump
Ursula

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angelika

20:05 - 21:00

Fitboxe
Angelika

Mittwoch , 03.08

09:35 - 10:30

Rückenfit
Claudia

17:50 - 18:45

Powerstep
Madlaina

19:00 - 19:55

Pump
Kurt

20:15 - 21:10

Yoga
Seraina

Donnerstag , 04.08

09:30 - 10:25

Zumba
Margarita

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Patricia

Freitag , 05.08

08:30 - 09:25

Over 50
Monika

09:35 - 10:30

Pilates
Monika

Samstag , 06.08

Sonntag , 07.08

10:30 - 11:25

Pump
Kurt