

### Montag , 04.11

<b>09:10 - 10:05</b> <i>Zumba</i> Catherine	<b>10:10 - 11:05</b> <i>Fitboxe</i> Angelika	<b>18:00 - 18:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Jette	<b>19:00 - 19:55</b> <i>Power Yoga</i> Sandra
---	--	---	---

### Dienstag , 05.11

<b>09:10 - 09:40</b> <i>Pump i.t.</i> Denise	<b>09:45 - 10:15</b> <i>P.I.I.T</i> Denise	<b>18:00 - 18:55</b> <i>Functional Workout</i> André	<b>19:00 - 19:55</b> <i>Pump</i> Martha
--	--	--	---

### Mittwoch , 06.11

<b>09:10 - 10:05</b> <i>Kick Power</i> Denise	<b>10:10 - 11:05</b> <i>Pump</i> Denise	<b>19:00 - 19:55</b> <i>Zumba</i> Dominique
---	---	---

### Donnerstag , 07.11

<b>09:00 - 09:55</b> <i>Power Yoga</i> Bettina	<b>10:00 - 10:55</b> <i>Pilates</i> Brigitte	<b>18:00 - 18:55</b> <i>Step'n Tone</i> Jette	<b>19:00 - 19:30</b> <i>Simply Core</i> Angelika
--	--	---	--

### Freitag , 08.11

<b>09:10 - 10:05</b> <i>Zumba</i> Deniz	<b>10:10 - 11:05</b> <i>Step'n Tone</i> Brigitte
---	--

### Samstag , 09.11

### Sonntag , 10.11