

### Montag , 21.10

#### 09:10 - 10:05

Zumba  
Catherine

#### 10:10 - 11:05

Fitboxe  
Angelika

#### 18:00 - 18:55

BBP (Bauch, Beine,  
Po) / Bodytone  
Jette

#### 19:00 - 19:55

Power Yoga  
Sandra

### Dienstag , 22.10

#### 09:10 - 09:40

Pump i.t.  
Denise

#### 09:45 - 10:15

P.I.I.T  
Denise

#### 18:00 - 18:55

Functional Workout  
André

#### 19:00 - 19:55

Pump  
Martha

### Mittwoch , 23.10

#### 09:10 - 10:05

Kick Power  
Angelika

#### 10:10 - 11:05

Pump  
Martha

#### 19:00 - 19:55

Zumba  
Catherine

### Donnerstag , 24.10

#### 09:00 - 09:55

Power Yoga  
Bettina

#### 10:00 - 10:55

Pilates  
Brigitte

#### 18:00 - 18:55

Step'n Tone  
Jette

#### 19:00 - 19:30

Simply Core  
Angelika

### Freitag , 25.10

#### 09:10 - 10:05

Zumba  
Deniz

#### 10:10 - 11:05

Step'n Tone  
Brigitte

### Samstag , 26.10

### Sonntag , 27.10