

Montag , 15.07

09:10 - 10:05

Zumba
Catherine

10:10 - 11:05

Fitboxe
Angelika

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Brigitte

Dienstag , 16.07

Mittwoch , 17.07

09:10 - 10:05

Toning
Saskia

10:10 - 11:05

Pump
Saskia

19:00 - 19:55

Zumba
Dominique

Donnerstag , 18.07

09:00 - 09:55

Power Yoga
Bettina

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Step'n Tone
Brigitte

Freitag , 19.07

09:10 - 10:05

Zumba
Deniz

10:10 - 11:05

Step'n Tone
Brigitte

Samstag , 20.07

Sonntag , 21.07