

Montag , 01.01

Dienstag , 02.01

09:10 - 09:40

Pump i.t.
Denise

09:45 - 10:20

P.I.I.T
Denise

18:00 - 18:55

Fitboxe
André

Mittwoch , 03.01

09:10 - 10:05

Kick Power
Sally

10:10 - 11:05

Pump
Sally

19:00 - 19:55

Zumba
Melinda

Donnerstag , 04.01

09:00 - 09:55

Power Yoga
Bettina

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Step'n Tone
Jette

19:00 - 19:55

Fighttime 55'
Angelika

Freitag , 05.01

09:10 - 09:55

Zumba
Deniz

10:10 - 11:05

Step'n Tone
Brigitte

18:30 - 19:25

Power Yoga
Sandra

Samstag , 06.01

Sonntag , 07.01