

Montag , 01.01

Dienstag , 02.01

**09:10 - 09:40**

*Pump i.t.*  
Denise

**09:45 - 10:20**

*P.I.I.T*  
Denise

**18:00 - 18:55**

*Fitboxe*  
André

Mittwoch , 03.01

**09:10 - 10:05**

*Kick Power*  
Sally

**10:10 - 11:05**

*Pump*  
Sally

**19:00 - 19:55**

*Zumba*  
Melinda

Donnerstag , 04.01

**09:00 - 09:55**

*Power Yoga*  
Bettina

**10:00 - 10:55**

*Pilates*  
Brigitte

**18:00 - 18:55**

*Step'n Tone*  
Jette

**19:00 - 19:55**

*Fighttime 55'*  
Angelika

Freitag , 05.01

**09:10 - 09:55**

*Zumba*  
Deniz

**10:10 - 11:05**

*Step'n Tone*  
Brigitte

**18:30 - 19:25**

*Power Yoga*  
Sandra

Samstag , 06.01

Sonntag , 07.01