

### Montag , 11.12

#### 09:10 - 10:05

Zumba  
Melinda

#### 10:10 - 11:05

Kick Power  
Angelika

#### 18:00 - 18:55

BBP (Bauch, Beine, Po) /  
Bodytone  
Jette

### Dienstag , 12.12

#### 09:10 - 09:40

Pump i.t.  
Doris

#### 09:45 - 10:15

P.I.I.T  
Doris

#### 18:00 - 18:55

Fitboxe  
André

#### 19:00 - 19:55

Pump  
Martha

### Mittwoch , 13.12

#### 09:10 - 10:05

Fitboxe  
Doris

#### 10:10 - 11:05

Pump  
Doris

#### 19:00 - 19:55

Zumba  
Melinda

### Donnerstag , 14.12

#### 09:00 - 09:55

Power Yoga  
Bettina

#### 10:00 - 10:55

Pilates  
Brigitte

#### 18:00 - 18:55

Step'n Tone  
Jette

#### 19:00 - 19:55

Fighttime 55'  
Angelika

### Freitag , 15.12

#### 09:10 - 10:05

Zumba  
Deniz

#### 10:10 - 11:05

Step'n Tone  
Brigitte

#### 18:30 - 19:25

Power Yoga  
Sandra

### Samstag , 16.12

### Sonntag , 17.12