

Montag , 11.12

09:10 - 10:05

Zumba
Melinda

10:10 - 11:05

Kick Power
Angelika

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jette

Dienstag , 12.12

09:10 - 09:40

Pump i.t.
Doris

09:45 - 10:15

P.I.I.T
Doris

18:00 - 18:55

Fitboxe
André

19:00 - 19:55

Pump
Martha

Mittwoch , 13.12

09:10 - 10:05

Fitboxe
Doris

10:10 - 11:05

Pump
Doris

19:00 - 19:55

Zumba
Melinda

Donnerstag , 14.12

09:00 - 09:55

Power Yoga
Bettina

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Step'n Tone
Jette

19:00 - 19:55

Fighttime 55'
Angelika

Freitag , 15.12

09:10 - 10:05

Zumba
Deniz

10:10 - 11:05

Step'n Tone
Brigitte

18:30 - 19:25

Power Yoga
Sandra

Samstag , 16.12

Sonntag , 17.12