

**Montag , 04.12**

**09:10 - 10:05**

Zumba  
Melinda

**10:10 - 11:05**

Fitboxe  
Angelika

**18:00 - 18:55**

BBP (Bauch, Beine, Po) /  
Bodytone  
Jette

**Dienstag , 05.12**

**09:10 - 09:40**

Pump i.t.  
Denise

**09:45 - 10:15**

P.I.I.T  
Denise

**18:00 - 18:55**

Fitboxe  
André

**19:00 - 19:55**

Pump  
Denise

**Mittwoch , 06.12**

**09:10 - 10:05**

Kick Power  
Denise

**10:10 - 11:05**

Pump  
Denise

**19:00 - 19:55**

Zumba  
Melinda

**Donnerstag , 07.12**

**09:00 - 09:55**

Power Yoga  
Bettina

**10:00 - 10:55**

Pilates  
Brigitte

**18:00 - 18:55**

Step'n Tone  
Jette

**19:00 - 19:55**

Fighttime 55'  
Angelika

**Freitag , 08.12**

**09:10 - 10:05**

Zumba  
Deniz

**10:10 - 11:05**

Step'n Tone  
Brigitte

**18:30 - 19:25**

Power Yoga  
Sandra

**Samstag , 09.12**

**Sonntag , 10.12**