

Montag , 04.12

09:10 - 10:05 <i>Zumba</i> Melinda	10:10 - 11:05 <i>Fitboxe</i> Angelika	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Jette
---	--	---

Dienstag , 05.12

09:10 - 09:40 <i>Pump i.t.</i> Denise	09:45 - 10:15 <i>P.I.I.T</i> Denise	18:00 - 18:55 <i>Fitboxe</i> André	19:00 - 19:55 <i>Pump</i> Denise
--	--	---	---

Mittwoch , 06.12

09:10 - 10:05 <i>Kick Power</i> Denise	10:10 - 11:05 <i>Pump</i> Denise	19:00 - 19:55 <i>Zumba</i> Melinda
---	---	---

Donnerstag , 07.12

09:00 - 09:55 <i>Power Yoga</i> Bettina	10:00 - 10:55 <i>Pilates</i> Brigitte	18:00 - 18:55 <i>Step'n Tone</i> Jette	19:00 - 19:55 <i>Fighttime 55'</i> Angelika
--	--	---	--

Freitag , 08.12

09:10 - 10:05 <i>Zumba</i> Deniz	10:10 - 11:05 <i>Step'n Tone</i> Brigitte	18:30 - 19:25 <i>Power Yoga</i> Sandra
---	--	---

Samstag , 09.12

Sonntag , 10.12