

Montag , 09.10

09:10 - 10:05 <i>Zumba</i> Melinda	10:10 - 11:05 <i>Fitboxe</i> Angelika	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Jette
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Dienstag , 10.10

18:00 - 18:55 <i>Fitboxe</i> André	19:00 - 19:55 <i>Pump</i> Martha
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Mittwoch , 11.10

09:10 - 10:05 <i>Kick Power</i> Sally	10:10 - 11:05 <i>Pump</i> Sally	19:00 - 19:55 <i>Zumba</i> Melinda
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Donnerstag , 12.10

09:00 - 09:55 <i>Power Yoga</i> Sandra	10:00 - 10:55 <i>Pilates</i> Brigitte	18:00 - 18:55 <i>Step'n Tone</i> Jette	19:00 - 19:55 <i>Fighttime 55'</i> Angelika
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Freitag , 13.10

09:10 - 10:05 <i>Zumba</i> Deniz	10:10 - 11:05 <i>Step'n Tone</i> Brigitte	18:30 - 19:25 <i>Power Yoga</i> Sandra
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Samstag , 14.10

Sonntag , 15.10