

Montag , 02.10

09:10 - 10:05

Zumba
Melinda

10:10 - 11:05

Kick Power
Angelika

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Jette

Dienstag , 03.10

18:00 - 18:55

Fitboxe
André

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Jette

Mittwoch , 04.10

09:10 - 10:05

Fitboxe
Sally

10:10 - 11:05

Pump
Sally

19:00 - 19:55

Zumba
Melinda

Donnerstag , 05.10

09:00 - 09:55

Power Yoga
Bettina

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Step'n Tone
Jette

19:00 - 19:55

Fighttime 55'
Angelika

Freitag , 06.10

09:10 - 10:05

Zumba
Deniz

10:10 - 11:05

Step'n Tone
Brigitte

18:30 - 19:25

Power Yoga
Sunethra

Samstag , 07.10

Sonntag , 08.10