

Montag , 11.09

09:10 - 10:05

Zumba
Melinda

10:10 - 11:05

Fitboxe
Angelika

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jette

Dienstag , 12.09

09:10 - 09:40

Pump i.t.
Denise

09:45 - 10:15

P.I.I.T
Denise

19:00 - 19:55

Pump
Martha

Mittwoch , 13.09

09:10 - 10:05

Kick Power
Denise

10:10 - 11:05

Pump
Denise

19:00 - 19:55

Zumba
Melinda

Donnerstag , 14.09

09:00 - 09:55

Power Yoga
Bettina

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Step'n Tone
Jette

19:00 - 19:55

Fighttime 55'
Angelika

Freitag , 15.09

09:10 - 10:05

Zumba
Deniz

10:10 - 11:05

Step'n Tone
Brigitte

18:30 - 19:25

Power Yoga
Sandra

Samstag , 16.09

Sonntag , 17.09