

Montag , 07.08

09:10 - 10:05

Zumba
Karina

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jette

Dienstag , 08.08

09:10 - 09:40

Pump i.t.
Saskia

09:45 - 10:15

P.I.I.T
Saskia

19:00 - 19:55

Pump
Martha

Mittwoch , 09.08

09:10 - 10:05

Toning
Saskia

10:10 - 11:05

Pump
Saskia

19:00 - 19:55

Zumba
Melinda

Donnerstag , 10.08

09:00 - 09:55

Power Yoga
Bettina

10:00 - 10:55

Pilates
Brigitte

Freitag , 11.08

09:10 - 10:05

Zumba
Pilar

10:10 - 11:05

Pilates
Brigitte

Samstag , 12.08

Sonntag , 13.08