

### Montag , 09.01

#### 09:10 - 10:05

Zumba  
Melinda

#### 10:15 - 11:10

Kick Power  
Angelika

#### 18:00 - 18:55

BBP (Bauch, Beine, Po) /  
Bodytone  
Jette

### Dienstag , 10.01

#### 09:10 - 09:40

Pump i.t.  
Denise

#### 09:50 - 10:20

P.I.I.T  
Denise

#### 18:00 - 18:55

Fitboxe  
André

#### 19:00 - 19:55

Pump  
Martha

### Mittwoch , 11.01

#### 09:10 - 10:05

Fitboxe  
Denise

#### 10:15 - 11:10

Pump  
Denise

#### 19:00 - 19:55

Zumba  
Melinda

### Donnerstag , 12.01

#### 09:00 - 09:55

Power Yoga  
Bettina

#### 10:05 - 11:00

Pilates  
Brigitte

### Freitag , 13.01

#### 09:10 - 09:55

Zumba  
Deniz

#### 10:05 - 11:00

Step'n Tone  
Brigitte

### Samstag , 14.01

### Sonntag , 15.01