

Montag , 02.01

10:10 - 11:05

Fitboxe
Angelika

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jette

Dienstag , 03.01

09:10 - 09:40

Pump i.t.
Sally

09:50 - 10:20

P.I.I.T
Sally

18:00 - 18:55

Fitboxe
André

19:00 - 19:55

Pump
Denise

Mittwoch , 04.01

09:10 - 10:05

Kick Power
Denise

10:15 - 11:10

Pump
Denise

19:00 - 19:55

Zumba
Deniz

Donnerstag , 05.01

09:00 - 09:55

Power Yoga
Bettina

10:05 - 11:00

Pilates
Brigitte

Freitag , 06.01

09:10 - 09:55

Zumba
Deniz

10:05 - 11:00

Step'n Tone
Brigitte

Samstag , 07.01

Sonntag , 08.01