

Montag , 05.12

09:10 - 10:05

Zumba
Eva

10:10 - 11:05

Fitboxe
Angelika

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Jette

Dienstag , 06.12

09:10 - 09:40

Pump i.t.
Denise

09:50 - 10:20

P.I.I.T
Denise

18:00 - 18:55

Fitboxe
André

19:00 - 19:55

Pump
Denise

Mittwoch , 07.12

09:10 - 10:05

Fighttime 55'
Denise

10:15 - 11:10

Pump
Denise

19:00 - 19:55

Zumba
Eva

Donnerstag , 08.12

09:00 - 09:55

Power Yoga
Bettina

10:05 - 11:00

Pilates
Brigitte

Freitag , 09.12

09:10 - 09:55

Zumba
Deniz

10:05 - 11:00

Step'n Tone
Brigitte

Samstag , 10.12

Sonntag , 11.12