

Montag , 31.10

09:10 - 10:05

Zumba
Melinda

10:15 - 11:10

Kick Power
Angelika

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jette

Dienstag , 01.11

Mittwoch , 02.11

09:10 - 10:05

Fighttime 55'
Denise

10:15 - 11:10

Pump
Denise

19:00 - 19:55

Zumba
Deniz

Donnerstag , 03.11

09:00 - 09:55

Power Yoga
Bettina

10:05 - 11:00

Pilates
Brigitte

Freitag , 04.11

09:10 - 09:55

Zumba
Deniz

10:05 - 11:00

Step'n Tone
Brigitte

Samstag , 05.11

Sonntag , 06.11