

Montag , 08.08

09:10 - 10:05

Zumba
Melinda

10:15 - 11:10

Kick Power
Angelika

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Lucas

Dienstag , 09.08

09:10 - 09:40

Pump i.t.
Denise

09:50 - 10:20

P.I.I.T
Denise

17:55 - 18:50

Fitboxe
André

19:00 - 19:55

Pump
Martha

Mittwoch , 10.08

09:10 - 10:05

Fighttime
Denise

10:15 - 11:10

Pump
Denise

19:00 - 19:55

Zumba
Melinda

Donnerstag , 11.08

09:00 - 09:55

Power Yoga
Sandra

10:05 - 11:00

Pilates
Brigitte

Freitag , 12.08

10:05 - 11:00

Step'n Tone
Brigitte

Samstag , 13.08

Sonntag , 14.08