

### Montag , 20.01

**18:00 - 18:55**

*Pump*  
Mischa

**19:15 - 20:10**

*Pilates*  
Rocio

### Dienstag , 21.01

**17:30 - 18:00**

*Simply Core*  
Leah

**18:00 - 18:55**

*Upcon*  
Leah

### Mittwoch , 22.01

**17:30 - 18:25**

*Pump*  
Leah

**18:35 - 19:05**

*P.I.I.T*  
Leah

### Donnerstag , 23.01

**18:30 - 19:25**

*Yoga*  
Iris

### Freitag , 24.01

### Samstag , 25.01

**11:00 - 11:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Irma

### Sonntag , 26.01