

### Montag , 02.12

**18:00 - 18:55**

*Pump*  
Leah

**19:15 - 20:10**

*Pilates*  
Rocio

### Dienstag , 03.12

### Mittwoch , 04.12

**17:30 - 18:25**

*Pump*  
Leah

**18:35 - 19:05**

*P.I.I.T*  
Leah

### Donnerstag , 05.12

**18:30 - 19:25**

*Yoga*  
Rocio

### Freitag , 06.12

### Samstag , 07.12

**11:00 - 11:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Irma

### Sonntag , 08.12