

Montag , 14.04

09:10 - 10:05

Power Yoga
Katrín

18:05 - 19:00

Zumba
Adriana

19:10 - 20:05

Pilates
Beatriz

Dienstag , 15.04

09:10 - 10:05

Yoga
Katrín

18:00 - 18:30

P.I.I.T
Nadine

18:45 - 19:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Nadine

Mittwoch , 16.04

18:15 - 19:10

Full Body Workout
Nicole

19:30 - 20:25

Power Yoga
Jasmin

Donnerstag , 17.04

09:10 - 10:05

Zumba
Adriana

18:30 - 19:25

Functional Workout
Nadine

Freitag , 18.04

Samstag , 19.04

09:30 - 10:00

P.I.I.T
Nadine

10:05 - 11:00

Pump
Nadine

Sonntag , 20.04

09:00 - 09:55

Yoga
Jasmin