

**Montag , 17.03**

**09:10 - 10:05**

*Pump*  
Claudia

**18:05 - 19:00**

*Zumba*  
Beatriz

**19:10 - 20:05**

*Pilates*  
Beatriz

**Dienstag , 18.03**

**09:10 - 10:05**

*Yoga*  
Katrin

**18:00 - 18:30**

*P.I.I.T*  
Petra

**18:45 - 19:40**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Nadine

**Mittwoch , 19.03**

**18:15 - 19:10**

*Pump*  
Petra

**19:30 - 20:25**

*Power Yoga*  
Jasmin

**Donnerstag , 20.03**

**09:10 - 10:05**

*Zumba*  
Ivana

**18:30 - 19:25**

*Functional Workout*  
Nadine

**Freitag , 21.03**

**18:00 - 18:55**

*Powerstep*  
Katrin

**Samstag , 22.03**

**09:30 - 10:00**

*P.I.I.T*  
Petra

**10:05 - 11:00**

*Pump*  
Petra

**Sonntag , 23.03**

**09:30 - 10:25**

*Pump Special*  
Claudia