

Montag , 18.11

09:10 - 10:05

Pump
Claudia

19:10 - 20:05

Pilates
Beatriz

Dienstag , 19.11

09:10 - 10:05

Yoga
Katrin

18:00 - 18:30

P.I.I.T
Nadine

18:45 - 19:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Nadine

Mittwoch , 20.11

18:15 - 19:10

Pump
Petra

19:30 - 20:25

Power Yoga
Jasmin

Donnerstag , 21.11

09:10 - 10:05

Zumba
Adriana

18:30 - 19:25

Functional Workout
Nadine

Freitag , 22.11

18:00 - 18:55

Powerstep
Adriana

Samstag , 23.11

09:30 - 10:00

Simply Core
Marion

10:05 - 11:00

Pump
Marion

Sonntag , 24.11

09:30 - 10:25

Pilates
Beatriz