

### Montag , 09.10

#### 09:10 - 10:05

*Pump*  
Claudia

#### 18:05 - 19:00

*Zumba*  
Adriana

#### 19:10 - 20:05

*Pilates*  
Beatriz

### Dienstag , 10.10

#### 09:10 - 10:05

*Yoga*  
Katrin

#### 18:00 - 18:30

*P.I.I.T*  
Nadine

#### 18:45 - 19:40

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Nadine

### Mittwoch , 11.10

#### 18:30 - 19:25

*Pump*  
Petra

#### 19:30 - 20:25

*Power Yoga*  
Jasmin

### Donnerstag , 12.10

#### 09:10 - 10:05

*Zumba*  
Adriana

#### 18:30 - 19:25

*Functional Workout*  
Nadine

### Freitag , 13.10

#### 18:00 - 18:55

*Yoga*  
Jasmin

### Samstag , 14.10

#### 09:30 - 10:00

*P.I.I.T*  
Nadine

#### 10:05 - 11:00

*Pump*  
Nadine

### Sonntag , 15.10