

Montag , 24.04

09:10 - 10:05

Pump
Claudia

18:05 - 19:00

Zumba
Adriana

19:10 - 20:05

Pilates
Beatriz

Dienstag , 25.04

09:10 - 10:05

Yoga
Katrin

18:00 - 18:30

P.I.I.T
Nadine

18:45 - 19:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Nadine

Mittwoch , 26.04

18:30 - 19:25

Pump
Claudia

19:30 - 20:25

Power Yoga
Katrin

Donnerstag , 27.04

09:10 - 10:05

Zumba
Adriana

18:30 - 19:25

Fighttime 55'
Natasha

Freitag , 28.04

18:00 - 18:55

Powerstep
Adriana

Samstag , 29.04

10:05 - 11:00

Power Yoga
Jasmin

Sonntag , 30.04

10:30 - 11:25

Functional Workout
Nadine