

Montag , 30.01

09:10 - 10:05

Pump
Claudia

18:05 - 19:00

Zumba
Adriana

19:10 - 20:05

Pilates
Beatriz

Dienstag , 31.01

09:10 - 10:05

Yoga
Katrin

18:00 - 18:30

P.I.I.T
Nadine

18:45 - 19:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Nadine

Mittwoch , 01.02

18:30 - 19:25

Pump
Petra

Donnerstag , 02.02

09:10 - 10:05

Zumba
Adriana

18:30 - 19:25

Fighttime 55'
Natasha

Freitag , 03.02

18:30 - 19:25

Powerstep
Adriana

Samstag , 04.02

09:30 - 10:00

P.I.I.T
Petra

10:05 - 11:00

Pump
Petra

Sonntag , 05.02

10:30 - 11:25

Functional Workout
Nadine