

Montag , 24.10

09:10 - 10:05

Pump
Claudia

18:05 - 19:00

Zumba
Adriana

19:10 - 20:05

Pilates
Beatriz

Dienstag , 25.10

09:10 - 10:05

Yoga
Adriana

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Rahel

19:30 - 20:00

P.I.I.T
Rahel

Mittwoch , 26.10

18:30 - 19:25

Pump
Petra

Donnerstag , 27.10

09:10 - 10:05

Zumba
Adriana

18:30 - 19:25

Fighttime
Natasha

19:30 - 20:00

Upcon
Natasha

Freitag , 28.10

18:30 - 19:25

Powerstep
Adriana

Samstag , 29.10

09:30 - 10:00

P.I.I.T
Petra

10:05 - 11:00

Pump
Petra

Sonntag , 30.10

10:30 - 11:25

Functional Workout
Nadine