

Montag , 23.12

09:15 - 10:10

Rückenfit
Marco

18:00 - 18:30

P.I.I.T
Erendita

18:30 - 19:25

Pump
Yvonne

19:30 - 20:00

Stretching
Yvonne

Dienstag , 24.12

18:00 - 18:55

Functional Workout
Sarina

19:00 - 19:55

Power Yoga
Jasmin R.

Mittwoch , 25.12

Donnerstag , 26.12

Freitag , 27.12

09:15 - 10:10

Pilates
Andrea

18:00 - 18:55

Aerobic
Francesco

Samstag , 28.12

Sonntag , 29.12