

**Montag , 19.08**

<b>09:15 - 10:10</b> <i>Rückenfit</i> Marco	<b>18:00 - 18:30</b> <i>P.I.I.T</i> Sarina	<b>18:30 - 19:25</b> <i>Pump</i> Yvonne	<b>19:30 - 20:00</b> <i>Stretching</i> Yvonne
---	--	---	---

**Dienstag , 20.08**

<b>18:00 - 18:55</b> <i>Functional Workout</i> Sarina	<b>19:00 - 19:55</b> <i>Power Yoga</i> Annaliese
---	--

**Mittwoch , 21.08**

<b>09:15 - 10:10</b> <i>Rückenfit</i> Marco	<b>18:00 - 18:55</b> <i>Yoga</i> Ladina	<b>19:00 - 19:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Yvonne
---	---	--

**Donnerstag , 22.08**

<b>09:15 - 10:10</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Martina	<b>18:00 - 18:55</b> <i>Pump</i> Dominic	<b>19:05 - 20:00</b> <i>Pilates</i> Andrea
---	--	--

**Freitag , 23.08**

<b>09:15 - 10:10</b> <i>Pilates</i> Andrea	<b>18:00 - 18:55</b> <i>Aerobic</i> Francesco
--	---

**Samstag , 24.08**

**Sonntag , 25.08**