

Montag , 29.07

09:15 - 10:10

Rückenfit
Larissa

18:00 - 18:30

P.I.I.T
Sarina

18:30 - 19:25

Pump
Sarina

Dienstag , 30.07

18:00 - 18:55

Functional Workout
Sarina

19:00 - 19:55

Power Yoga
Jasmin R.

Mittwoch , 31.07

18:00 - 18:55

Yoga
Yvonne

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Yvonne

Donnerstag , 01.08

Freitag , 02.08

18:00 - 18:55

Aerobic
Francesco

Samstag , 03.08

Sonntag , 04.08