

Montag , 22.07

09:15 - 10:10

Rückenfit
Larissa

18:00 - 18:30

P.I.I.T
Sarina

18:30 - 19:25

Pump
Sarina

Dienstag , 23.07

18:00 - 18:55

Functional Workout
Sarina

19:00 - 19:55

Power Yoga
Jasmin R.

Mittwoch , 24.07

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nicole

Donnerstag , 25.07

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Larissa

18:00 - 18:55

Pump
Dominic

19:05 - 20:00

Pilates
Andrea

Freitag , 26.07

09:15 - 10:10

Pilates
Andrea

Samstag , 27.07

Sonntag , 28.07