

### Montag , 24.06

**09:15 - 10:10**

*Rückenfit*  
Marco

**18:00 - 18:30**

*P.I.I.T*  
Sarina

**18:30 - 19:25**

*Pump*  
Yvonne

**19:30 - 20:00**

*Stretching*  
Yvonne

### Dienstag , 25.06

**18:00 - 18:55**

*Functional Workout*  
Sarina

**19:00 - 19:55**

*Power Yoga*  
Jasmin R.

### Mittwoch , 26.06

**09:15 - 10:10**

*Rückenfit*  
Marco

**18:00 - 18:55**

*Yoga*  
Ladina

### Donnerstag , 27.06

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Martina

**18:00 - 18:55**

*Pump*  
Dominic

**19:05 - 20:00**

*Pilates*  
Ambra

### Freitag , 28.06

**09:15 - 10:10**

*Pilates*  
Annaliese

**18:00 - 18:55**

*Aerobic*  
Francesco

### Samstag , 29.06

### Sonntag , 30.06