

Montag , 01.04

18:00 - 18:55

Aerobic Special
Francesco

Dienstag , 02.04

18:00 - 18:55

Functional Workout
Dominic

19:00 - 19:55

Power Yoga
Jasmin R.

Mittwoch , 03.04

09:15 - 10:10

Rückenfit
Marco

18:00 - 18:55

Yoga
Ladina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Yvonne

Donnerstag , 04.04

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Martina

18:00 - 18:55

Pump
Dominic

19:05 - 20:00

Pilates
Andrea

Freitag , 05.04

09:15 - 10:10

Pilates
Andrea

18:00 - 18:55

Aerobic
Francesco

Samstag , 06.04

Sonntag , 07.04