

**Montag , 04.03**

**09:15 - 10:10**

*Rückenfit*  
Marco

**18:00 - 18:30**

*P.I.I.T*  
Erendita

**18:30 - 19:25**

*Pump*  
Yvonne

**Dienstag , 05.03**

**18:00 - 18:55**

*Functional Workout*  
Sarina

**19:00 - 19:55**

*Power Yoga*  
Ambra

**Mittwoch , 06.03**

**09:15 - 10:10**

*Rückenfit*  
Marco

**18:00 - 18:55**

*Yoga*  
Ladina

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Yvonne

**Donnerstag , 07.03**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Martina

**18:00 - 18:55**

*Pump*  
Dominic

**19:05 - 20:00**

*Pilates*  
Andrea

**Freitag , 08.03**

**09:15 - 10:10**

*Pilates*  
Andrea

**18:00 - 18:55**

*Aerobic*  
Francesco

**Samstag , 09.03**

**Sonntag , 10.03**