

Montag , 31.07

18:00 - 18:30

P.I.I.T
Erendita

18:30 - 19:25

Pump
Yvonne

Dienstag , 01.08

Mittwoch , 02.08

09:15 - 10:10

Rückenfit
Marco

18:00 - 18:55

Yoga
Annaliese

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Martina

Donnerstag , 03.08

09:15 - 10:10

Functional Workout
Erendita

18:00 - 18:55

Pump
Sarina

19:05 - 20:00

Pilates
Andrea

Freitag , 04.08

09:15 - 10:10

Pilates
Andrea

Samstag , 05.08

Sonntag , 06.08