

Montag , 10.04

Dienstag , 11.04

18:15 - 18:45

Simply Core
Jasmin R.

19:00 - 19:55

Power Yoga
Jasmin R.

Mittwoch , 12.04

09:15 - 10:10

Rückenfit
Marco

18:00 - 18:55

Yoga
Ladina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Yvonne

Donnerstag , 13.04

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Martina

18:00 - 18:55

Pump
Dominic

19:05 - 20:00

Pilates
Andrea

Freitag , 14.04

09:15 - 10:10

Pilates
Andrea

Samstag , 15.04

Sonntag , 16.04