

Montag , 10.10

09:15 - 10:10

Rückenfit
Marco

18:00 - 18:25

Upcon
Erendita

18:30 - 19:25

Pump
Yvonne

Dienstag , 11.10

18:15 - 18:45

Simply Core
Sarina

19:00 - 19:55

Power Yoga
Andrea

Mittwoch , 12.10

09:15 - 10:10

Rückenfit
Marco

19:00 - 19:55

BBP Special
Sarina

Donnerstag , 13.10

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Camila

18:00 - 18:55

Pump
Dominic

19:05 - 20:00

Pilates
Andrea

Freitag , 14.10

09:15 - 10:10

Pilates
Tiziana

Samstag , 15.10

Sonntag , 16.10