

### Montag , 07.04

**09:15 - 10:10**

*Pilates*  
Eva

**18:00 - 18:55**

*Yoga*  
Nadine

**19:05 - 20:00**

*Pump*  
Andrea

### Dienstag , 08.04

**09:10 - 10:05**

*Zumba*  
Miriam

**12:10 - 12:40**

*P.I.I.T*  
Daniela

**18:30 - 19:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Anna

### Mittwoch , 09.04

**12:15 - 12:45**

*Upcon*  
Corina

**17:30 - 18:25**

*Pilates*  
Sandra

**18:35 - 19:30**

*Pump*  
Sandra

**19:40 - 20:35**

*Zumba*  
Andrea

### Donnerstag , 10.04

**09:15 - 10:10**

*Full Body Workout*  
Daniela

**18:00 - 18:55**

*Yoga*  
Nadine

### Freitag , 11.04

**09:15 - 10:10**

*Yoga*  
Lisa

**18:00 - 18:55**

*Pilates*  
Aiyana

### Samstag , 12.04

### Sonntag , 13.04

**10:00 - 10:55**

*Zumba*  
Andrea