

Montag , 24.03

09:15 - 10:10

Pilates
Eva

18:00 - 18:55

Yoga
Nadine

19:05 - 20:00

Pump
Andrea

Dienstag , 25.03

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Linda

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Anna

Mittwoch , 26.03

12:15 - 12:45

Upcon
Linda

17:30 - 18:25

Pilates
Vasiliki

18:35 - 19:30

Pump
Vasiliki

19:40 - 20:35

Zumba
Andrea

Donnerstag , 27.03

09:15 - 10:10

Full Body Workout
Daniela

18:00 - 18:55

Yoga
Nadine

Freitag , 28.03

09:15 - 10:10

Yoga
Lisa

18:00 - 18:55

Pilates
Valentina

Samstag , 29.03

Sonntag , 30.03

10:00 - 10:55

Zumba
Andrea