

Montag , 06.01

09:15 - 10:10

Pilates
Eva

18:00 - 18:55

Yoga
Nadine

19:25 - 20:20

Pump
Claudia

Dienstag , 07.01

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Daniela

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Vasiliki

Mittwoch , 08.01

12:15 - 12:45

Upcon
Werner

17:30 - 18:25

Pilates
Vasiliki

18:35 - 19:30

Pump
Vasiliki

19:40 - 20:25

Zumba
Andrea

Donnerstag , 09.01

09:15 - 10:10

Full Body Workout
Daniela

18:00 - 18:55

Yoga
Nadine

Freitag , 10.01

09:15 - 10:10

Yoga
Lisa

18:00 - 18:55

Pilates
Aiyana

Samstag , 11.01

Sonntag , 12.01

10:00 - 10:55

Zumba
Andrea