

Montag , 23.09

09:15 - 10:10

Pilates
Eva

18:00 - 18:55

Yoga
Martina

19:05 - 20:00

Pump
Mariana

Dienstag , 24.09

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Daniela

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Vasiliki

Mittwoch , 25.09

12:15 - 12:45

Upcon
Werner

17:30 - 18:25

Pilates
Vasiliki

18:35 - 19:30

Pump
Vasiliki

19:40 - 20:35

Zumba
Andrea

Donnerstag , 26.09

09:15 - 10:10

Full Body Workout
Daniela

18:00 - 18:30

Upcon
Nadine

18:40 - 19:35

Yoga
Nadine

Freitag , 27.09

18:00 - 18:55

Pilates
Aiyana

Samstag , 28.09

Sonntag , 29.09

10:00 - 10:55

Zumba
Andrea