

Montag , 26.08

09:15 - 10:10

Pilates
Eva

18:00 - 18:55

Yoga
Martina

19:05 - 20:00

Pump
Mariana

Dienstag , 27.08

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Daniela

18:30 - 19:25

*BBP (Bauch, Beine,
Po) / Bodytone*
Vasiliki

19:35 - 20:30

Fitboxe
Judith

Mittwoch , 28.08

12:15 - 12:45

Upcon
Daniela

17:30 - 18:25

Pilates
Vasiliki

18:35 - 19:30

Pump
Vasiliki

19:40 - 20:35

Zumba
Andrea

Donnerstag , 29.08

09:15 - 10:10

Full Body Workout
Daniela

18:00 - 18:30

Upcon
Nadine

18:40 - 19:35

Yoga
Nadine

Freitag , 30.08

09:15 - 10:10

Yoga
Lisa

18:00 - 18:55

Pilates
Aiyana

Samstag , 31.08

Sonntag , 01.09

10:00 - 10:55

Zumba
Ana