

Montag , 13.05

09:15 - 10:10

Pilates
Eva

18:00 - 18:55

Yoga
Nadine

19:05 - 20:00

Pump
Mariana

Dienstag , 14.05

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Daniela

18:30 - 19:25

*BBP (Bauch, Beine,
Po) / Bodytone*
Nena Nevenka

19:35 - 20:30

Fitboxe
Judith

Mittwoch , 15.05

12:15 - 12:45

Upcon
Daniela

17:30 - 18:25

Pilates
Vasiliki

18:35 - 19:30

Pump
Vasiliki

19:40 - 20:35

Zumba
Andrea

Donnerstag , 16.05

09:15 - 10:10

Full Body Workout
Daniela

18:00 - 18:30

Upcon
Nadine

18:40 - 19:35

Yoga
Nadine

Freitag , 17.05

09:15 - 10:10

Yoga
Lisa

12:10 - 12:40

P.I.I.T
Ana

18:00 - 18:55

Pilates
Aiyana

Samstag , 18.05

Sonntag , 19.05